



Hair Extension Maintenance & Aftercare

- Do NOT wash nano, i tip/ microbead, tape, and weave hair extensions for 48 hours after application
- Bleaching your extensions is not recommended, if you do so, it's at your own risk
- Don't leave extensions wet for long periods of time and you should always blow dry, make sure you are drying bonds / wefts completely (preferably on the cold to medium setting) Don't use very hot setting while blow-drying extensions. Important tip: A microfiber towel helps to get a lot of the water out of your hair before blow-drying
- You should only be washing your hair 1 to 2 times a week if possible
- When applying conditioner do so from mid length to ends and not on the bonds/ track to prevent slipping
- Always use heat protectant spray before using a blow dryer or any hot tools
- Note that hair extensions are natural hair so they might look a little poofy after blow-drying so it is best to style them (after using heat protectant spray and not excessively using hot styling tools) Note that hair extensions hold curl well so you won't have to keep redoing it
- After being in a pool, hot tub, or any other chemically treated water, be sure to clean your hair with shampoo & conditioner. You can put a leave in conditioner before you even get in the pool.
- Brush your hair extensions multiple times a day to prevent tangling. Always hold hair in the middle to not pull from the root.
- It's good to use hair oil on your ends to help keep them soft and smooth. They don't get their own oils since the hair isn't growing from your own head. Do not place oil near the bond though.
- Wear your hair in a low ponytail or loose braid when going to bed, to prevent tangling, a silk pillow helps as well.
- Only use products recommended by the technician (ie. sulfate free, natural products) I recommend Matrix Length Goals shampoo and conditioner it's made for extensions. I also recommend using a deep conditioner every once in a while. Don't use Pantene, Tresemmé products or generic L'oreal shampoos or conditioners. Please use Sulphate free products. Also note that sulphate free shampoos don't foam up like regular shampoos.
- Don't use heavy repair products for damaged hair or anything with Keratin in them on the extensions this can add too much protein that the extensions don't need
- Make sure when you wash your extensions that you get all the shampoo and conditioner out and try to get in between the bonds or weft but don't do it vigorously as you can cause matting and tangling. If you have a shower with a removable shower head it really helps get the products out.
- Do NOT use any perm solution or relaxer treatments on the extensions
- When styling with hot tools avoid applying heat directly to the bonds (nano and ITip) Be careful around the track with weave.
- Be sure to have your extensions moved up after 6-8 weeks (if your hair grows fast it may need to be sooner, just keep an eye on your growth)